Middle Preschool Interest-Based Everyday Activity Checklist
Jennifer Swanson, Melinda Raab, Nicole Roper, and Carl J. Dunst

Identifying Information

Child’s Name: Naah
Date of Birth: 1/25/13
Age (Months):
Today’s Date: 1/25/13
Person Completing the Checklist: Shyra
Relationship to Child: Mom

Checklist Description

This checklist includes a list of everyday activities that are sources of learning opportunities for children functioning between 15 and 36 months of age. The activities are a mix of things that children get to be involved in as part of everyday family and community life, things parents and children do together, things children become involved in because of adult interests and activities, and things that simply happen day-in and day-out as part of everyday living. The checklist is used to identify activities that are interest-based and would provide your child opportunities to learn and practice many different kinds of skills and behaviors. Simply follow the steps described below to make your child’s learning full of wonderful possibilities.

Using the Checklists

Step 1. Identifying a Child’s Interest. Start by making a list of all the things, people, places, and activities that interest your child. “What does your child enjoy doing?” “What gets your child excited?” “What does your child prefer or like to do?” “What makes your child laugh or smile?” “What does your child choose to do most often?” “Who does your child prefer to be with?” List your child’s interests in the space provided on the next two pages.

Step 2. Completing the Checklist. Keep in mind your answers to the Step 1 questions. Go through the lists of activities on the next two pages, and check the activities that provide or could provide your child opportunities to use or express his or her interests. Add activities that are not included on the checklists that are important to your family or happen because of where you live and which are or would be interesting to your child. Don’t overlook tag along activities that would include opportunities for interest-expression.

Step 3. Selecting Interest-Based Learning Activities. Go back through the list of activities you checked, and circle those activities that do or could happen often for your child and which best match your child’s interests. The best activities are ones that provide lots of opportunities for a child to do things (s)he is interested in doing as well as learn new things.

Step 4. Develop an Action Plan. The last page of the checklist includes one way you can be sure you and your child can take advantage of all the learning possibilities that are part of your everyday family and community life. Simply complete each section and you will have a useful plan for providing your child interest-based everyday learning opportunities.

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My Child's Interest

Noah loves to play with his toy train set. He also likes to spend time with me. He is helpful sometimes and likes to eat favorite foods.

Your Child's Interests

Keep in mind your child's interests (things he or she likes to do, enjoys doing, that get him or her excited, and so forth), and check all activities that you think would be ones that would give your child opportunities to use or express those interests.

Everyday Activities

The following is a list of activities many children experience as part of everyday living. Please check those activities that best match your child's interests. Don't forget about tag along activities.

☐ Attending a playgroup
☐ Attending church/synagogue
☐ Attending movement/music class
☐ Attending neighborhood gatherings
☐ Attending Sunday school/kid's church
☐ Being read to
☐ Brushing teeth
☐ Choosing books at the library
☐ Collecting leaves or rocks
☐ Creating an art project/craft
☐ Cuddling with parent/caregiver
☐ Cutting/tearing pictures
  (e.g., magazines, catalogs)
☐ Dancing
☐ Diaper changing
☐ Doing errands with mom or dad
☐ Doing laundry with mom or dad
☐ Dressing/undressing
☐ Eating meals or snacks
☐ Eating out
☐ Feeding ducks at the pond
☐ Finger painting
☐ Gardening/planting flowers
☐ Getting out of bed/waking up
☐ Getting ready for bed/naptime
☐ Going on a camping trip
☐ Going on a play date
☐ Going fishing with mom or dad
☐ Going on a bike ride
☐ Going on a stroller ride
☐ Going on a hike
☐ Going on a neighborhood walk
☐ Going on nature walks
☐ Going to a movie
☐ Going to a nature center
☐ Going to siblings' ball games/sports events
☐ Having cookouts/barbecues
☐ Having friends over to play
☐ Having picnics
☐ Helping with household chores
☐ Listening to bedtime stories
☐ Listening to music
☐ Listening to storytellers/story times
☐ Listening to/saying nursery rhymes
☐ Looking at and talking about photographs
☐ Looking at/reading cereal boxes/labels
☐ Participating in family talks
☐ Picking up siblings from school/childcare
☐ Picking up toys
☐ Playing at an indoor playland
☐ Playing chase/running
☐ Playing dress-up
☐ Playing finger games
☐ Playing hide-n-seek
☐ Playing house
☐ Playing in a stream/creek/river
☐ Playing in a sprinkler
☐ Playing in a wading pool

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My Child's Interest

Noah

Playing in dirt/mud/sand
Playing musical instruments
Playing on park/playground equipment
Playing on the computer/typewriter
Playing with a garden hose
Playing with balls/balloons
Playing with bubbles
Playing with busy boxes/busy centers
Playing with magnetic letters/shapes
Playing with other children/siblings
Playing with pets
Playing with playhouse toys
Playing with puppets, dolls, etc.
Playing with shape sorters/puzzles
Playing with toys that play music, talk, etc.
Playing with trucks/cars/boats
Playing with water toys
Playing in a sandbox/ sand table
Praying/saying Grace
Preparing meals or snacks
Renting/returning videos
Riding in a boat
Riding in wagon/riding toys
Rough housing/ playing tickle games
Saying hellos/good-byes
Shopping at the mall/department stores
Shopping for groceries
Singing
Swimming/ floating at the pool
Taking a bath
Taking a car, bus, train ride, etc.
Taking care of pets (e.g., feeding)
Toileting/going to bathroom
Using crayons, markers, paints, etc.
Using clay dough, silly putty, etc.
Visiting animals (e.g., pet store/zoo)
Visiting neighbors, friends, relatives
Washing hands/face
Watching mom or dad write notes/lists
Watching TV/videos
Watering plants/grass/flowers

Special Family Activities
Many families have special events, celebrations and traditions that are important to them. Please list those special family activities that you know or think might be interesting to your child.

Christmas at Grandma
Summer Picnic
Full ride in country

Activities Where You Live
Many families have special experiences and learning opportunities because of where they live. Please list those activities that your child gets to be a part of because of where you live that would be interesting to your child.

Fourth of July Celebration
Army Reunion