

Parent & Practitioner Guide to Functional Behavior Assessment



Functional Behavior Assessment is...

Functional behavior assessment (FBA) is a set of strategies used to understand the purpose or functions of interfering behaviors exhibited by young children. It gathers information to describe the interfering problem or behavior, identifies antecedent (what triggered the behavior) or consequent events (what the child got out of the behavior) that control the behavior, and identifies the purpose of the behavior.

EVIDENCE-BASED

PRACTICE (EBP):

Functional Behavior Assessment

This information guide was designed as a supplemental resource to help answer basic questions about the EBP and provide you tips for implementation.

For more information, visit:
www.asdtoddler.fpg.unc.edu.

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Why Use Functional Behavior Assessment?

Interfering behavior occurs for a reason and serves a specific purpose for the child. FBA provides information about when, where, and why behaviors occur, guides in developing a behavior hypothesis and identifying reinforcers, and it supports professionals in building effective and efficient behavioral support for the child.

Where Can You Use Functional Behavior Assessment?

A FBA can be used in any setting to help caregivers and service providers understand persistent interfering behaviors of toddlers with ASD.

Who Can Use Functional Behavior Assessment?

Any parent, childcare provider, or service provider can be involved in the FBA process.

Tips for Conducting Functional Behavior Assessment

Have you...?

- Created a multi-disciplinary FBA team?
- Gathered basic information about the interfering behavior?
- Identified other behaviors the toddler exhibits immediately before the interfering behavior occurs?
- Documented what happens immediately after the interfering behavior occurs?



Plan

Did you...?

- Gather baseline data using direct and indirect?
- Analyze data collected to determine the purpose of the interfering behavior?
- Create and test the behavior hypothesis statement?
- Develop a behavior intervention plan (BIP) that addresses the purpose of the interfering behavior?
- Identify the evidence-based practice (EBP) to decrease the interfering behavior?



Implement

How's it going?

- Make sure that you have created an easy to use behavior checklist to monitor the interfering behavior.
- Analyze the data collected to determine the effectiveness of the behavior intervention plan (BIP).
- Consult with the FBA team to discuss necessary modifications to the BIP.



Monitor